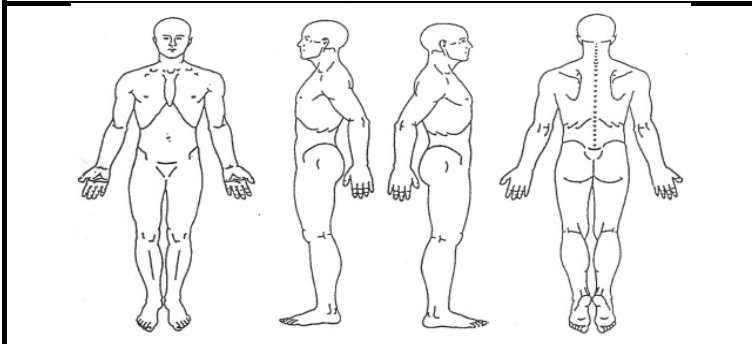
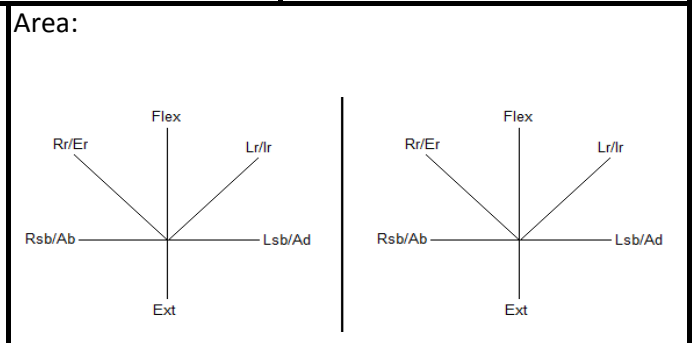
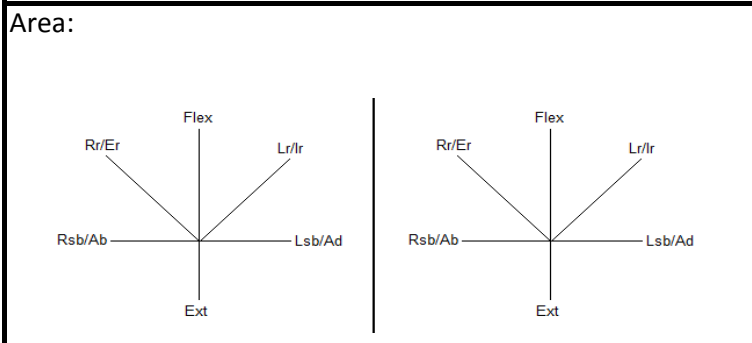


Patient Name:	Bodyworker:	Date:
1°		Meds:
		Add:
AF:	RF:	
Tx:		



- Myotomes/Dermatomes:**
- | | |
|-------------------|------------------|
| (C2) Cs flex | (L2) Hip flex |
| (C3) Cs side flex | (L3) Knee ext |
| (C4) Sh elevation | (L4) DF of ankle |
| (C5) Sh abd | (L5) 1st MTP ext |
| (C6) Elbow flex | (S1) PF of ankle |
| (C7) Elbow ext | (S2) Knee flex |
| (C8) Finger flex | |

CS/LS Quadrant	R	+	-
Comp/Neutral	L	+	-
Upper/Lower Limb	R	+	-
Tension Test	L	+	-

Manual Muscle Test

Muscle / MVMT	Before		After	
	Grade	Pain	Grade	Pain

Special Tests / Comments

BP:
Pulse:

Treatment/Homecare Details

Treatment Position

- Prone
- Supine
- Seated
- Side lying

Treatment Depth

- Light
- Moderate
- Deep

Modalities Used

- Effleurage
- Myofascial X-hands/shearing
- Skin rolling
- Fascial pulling
- Petrissage
- Muscle stripping
- Passive ROM/stretch
- Attachment release
- O/I approximation
- Joint mobilizations
- Rocking/oscillations
- Vibrations
- Tapotement
- Trigger Point Pressure Release
- Frictions
- Isolytic release

Extras

- Sauna preheat
- Paraffin wax
- Thermaphore
- Ice
- Contrast

Treated Areas

- | | |
|--------------------------------------------|-------|
| <input type="checkbox"/> Scalp | R / L |
| <input type="checkbox"/> Face | R / L |
| <input type="checkbox"/> Cervical spine | R / L |
| <input type="checkbox"/> Thoracic spine | R / L |
| <input type="checkbox"/> Lumbar spine | R / L |
| <input type="checkbox"/> Scapula | R / L |
| <input type="checkbox"/> Posterior arm | R / L |
| <input type="checkbox"/> Posterior forearm | R / L |
| <input type="checkbox"/> Anterior arm | R / L |
| <input type="checkbox"/> Hand | R / L |
| <input type="checkbox"/> Anterior forearm | R / L |
| <input type="checkbox"/> Anterior Thorax | R / L |
| <input type="checkbox"/> Breast | R / L |
| <input type="checkbox"/> Abdomen | R / L |
| <input type="checkbox"/> Hip flexors | R / L |
| <input type="checkbox"/> Gluteal | R / L |
| <input type="checkbox"/> Posterior thigh | R / L |
| <input type="checkbox"/> Posterior leg | R / L |
| <input type="checkbox"/> Anterior thigh | R / L |
| <input type="checkbox"/> Anterior leg | R / L |
| <input type="checkbox"/> Foot | R / L |

Active

- Contract relax
- AROM
- Active Release
- Agonist contraction
- Quick Stretch
- Prone Lumbar Release
- Supine Lumbar Release
- Pelvic Shotgun
- Thoracic Shotgun
- MET

Treatment Notes



Home Care:

Considerations:

Next Tx: